

## **Springwood Junior Academy**

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## P.R.I.D.E Positive. Respectful. Independent. Determined. Empathetic

Dear Parents/Carers,

We have some exciting news for you! We are taking part in the 15<sup>th</sup> year celebration of Sustrans Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 11-22 March 2024. It's free to take part and we would love everyone to be involved.



## What do you need to do?

Encourage your child(ren) to walk, use a wheelchair, scoot or cycle to school on as many days as possible during the event.

## Why are we taking part?

Sustrans Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. <u>A 2021</u> YouGov study showed nearly half of UK children worry about air pollution near their school. And that children thought active travel was the best away to bring down these pollution levels. Plus there are some great prizes to be won every day if we get enough children taking part!

Your child will be able to safely leave their scooter in the scooter pods or their bike in the designated areas on the green fences. Each day 1 golden ticket will be placed on a bike/scooter in both KS1 & KS2. If your child receives this then please visit Miss Smith the following day to receive your prize!

Yours sincerely, Miss Smith













All adults in school have a responsibility to safeguard and promote the welfare of children.